CFT Purpose:
To assess a Marine's physical capacity in a broad spectrum of combat related tasks. The CFT was specifically designed to evaluate strength, stamina, agility and coordination as well as overall anaerobic capacity. All Marines are required to complete a CFT once a year during Jul 1-Dec 31.

Events:
The CFT consists of three events: (a) Movement To Contact (MTC), (b) Ammunition Lift (AL) and (c) Maneuver Under Fire (MANUF). This is also the sequence of events. No deviation from the above sequence is authorized. All CFT events will be conducted in a single session, not to exceed 2 hours in duration. Transition between events should afford Marines adequate time to recover, stretch, hydrate and prepare for the next event. Rest between events will be no less than five (5) minutes.

a. Movement To Contact (MTC)
(1) This is a timed event that can be conducted either indoors or outdoors.
(2) The run course will be 880 yards and must be measured for accuracy and set over reasonably level ground.
(4) This event can be conducted on a track or measured surface.
(5) The goal of this event is for Marines to complete the measured course as quickly as possible.

b. Ammunition Lift (AL)
(1) This is a timed event with a 2-minute time limit.
(2) This event can be conducted either indoors or outdoors.
(3) The AL is a repetitive lift of a 30-pound ammunition can from shoulder height to overhead.

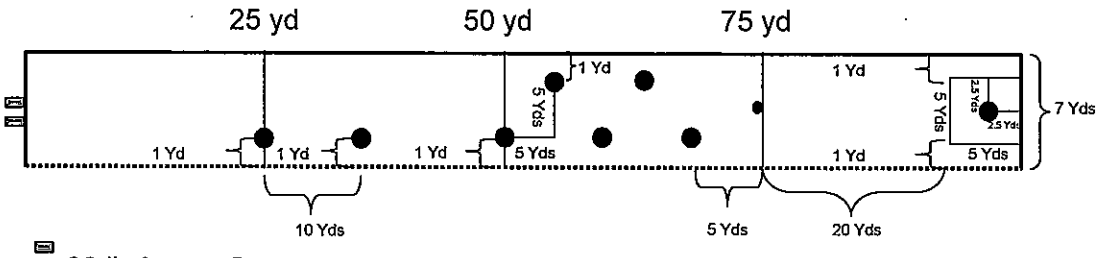
c. Maneuver Under Fire (MANUF)
(1) The MANUF is a timed event to be conducted outdoors. The MANUF course should be constructed on a smooth and level grass surface, preferably a football or soccer field.
(2) The MANUF is a 300 yard shuttle run that includes a variety of combat-related tasks, to include crawls, buddy drags/carries, ammunition resupply, grenade throw and agility running. See Enclosure for MANUF layout.

Performance:
The minimum performance requirements for Marines to pass the CFT are in the attached score sheet.

v/r
Jon
Col Jon Aytes
Branch Head Mil Policy
Deputy Commandant Manpower and Reserve Affairs
703-784-9350

Lane Marking

(Lane shown is left most lane)



30 lb Ammo Cans

• Dummy grenade ("Blue Body", empty)

● Small cone, pylon, red/yellow utility flag, small sandbag or other visible marker

Table 3-2. -- Maneuver Under Fire Lane Marking

6. Performance. The minimum performance requirements for Marines to pass the CFT are contained in table 3-3. Marines must meet or exceed the minimum performance requirements for each event.

CFT Minimum Requirements				
Male				
	17-26	27-39	40-45	46+
MTC	4:13	4:31	5:07	5:09
AL	33	28	17	16
MANUF	3:58	4:42	5:59	6:07
Female				
	17-26	27-39	40-45	46+
MTC	5:27	5:28	5:35	5:50
AL	17	13	7	6
MANUF	5:59	6:04	6:25	6:30

Table 3-3. -- CFT Minimum Performance Requirements

7. Classification. CFT passing criteria has been derived from extensive testing of a wide sample population representing all demographics that comprise the Marine Corps Total Force. There are no differences or separate events based on gender or age. Maximum and minimum performance criteria were established utilizing specific performance percentiles, by age group. Marines must achieve the minimum performance requirement for all three events to successfully pass the CFT. Failure to meet the minimum requirement in any one event constitutes a failure of the entire test. CFT classifications for males/females for all age groups are as follows:

CFT Classifications	
1st Class	270-300
2d Class	225-269
3rd Class	190-224
Fail	189 and below

Table 3-4. - CFT Classifications

8. Score. The CFT is a scored event. Calculating a cumulative score for a completed CFT can be derived from Tables 3-5 through 3-7.

MOVEMENT TO CONTACT

	17-26		27-39		40-45		46+	
TIME	M	F	M	F	M	F	M	F
2:45	100	x	x	x	x	x	x	x
2:46	99	x	x	x	x	x	x	x
2:47	99	x	x	x	x	x	x	x
2:48	98	x	x	x	x	x	x	x
2:49	98	x	x	x	x	x	x	x
2:50	97	x	x	x	x	x	x	x
2:51	97	x	100	x	x	x	x	x
2:52	96	x	99	x	x	x	x	x
2:53	96	x	99	x	x	x	x	x
2:54	95	x	98	x	x	x	x	x
2:55	95	x	98	x	x	x	x	x
2:56	95	x	97	x	x	x	x	x
2:57	94	x	97	x	x	x	x	x
2:58	94	x	97	x	x	x	x	x
2:59	93	x	96	x	x	x	x	x
3:00	93	x	96	x	x	x	x	x
3:01	92	x	95	x	x	x	x	x
3:02	92	x	95	x	x	x	x	x
3:03	91	x	95	x	100	x	x	x
3:04	91	x	94	x	99	x	x	x
3:05	91	x	94	x	99	x	100	x
3:06	90	x	93	x	99	x	99	x
3:07	90	x	93	x	99	x	99	x
3:08	89	x	93	x	98	x	99	x
3:09	89	x	92	x	98	x	99	x
3:10	88	x	92	x	98	x	98	x
3:11	88	x	91	x	97	x	98	x
3:12	87	x	91	x	97	x	98	x
3:13	87	x	91	x	97	x	97	x
3:14	87	x	90	x	97	x	97	x
3:15	86	x	90	x	96	x	97	x
3:16	86	x	89	x	96	x	96	x
3:17	85	x	89	x	96	x	96	x
3:18	85	x	88	x	95	x	96	x
3:19	84	x	88	x	95	x	95	x
3:20	84	x	88	x	95	x	95	x
3:21	83	x	87	x	94	x	95	x
3:22	83	x	87	x	94	x	95	x

Table 3-5. - Movement to Contact

MOVEMENT TO CONTACT

	17-26		27-39		40-45		46+	
TIME	M	F	M	F	M	F	M	F
3:23	83	100	86	x	94	x	94	x
3:24	82	99	86	x	93	x	94	x
3:25	82	99	86	x	93	x	94	x
3:26	81	98	85	x	93	x	93	x
3:27	81	98	85	x	92	x	93	x
3:28	80	98	84	x	92	x	93	x
3:29	80	97	84	x	92	x	92	x
3:30	79	97	84	100	91	x	92	x
3:31	79	97	83	99	91	x	92	x
3:32	79	96	83	99	91	x	91	x
3:33	78	96	82	98	90	x	91	x
3:34	78	96	82	98	90	x	91	x
3:35	77	96	82	98	90	x	90	x
3:36	77	95	81	97	89	x	90	x
3:37	76	95	81	97	89	x	90	x
3:38	76	95	80	97	89	x	89	x
3:39	75	94	80	96	88	x	89	x
3:40	75	94	80	96	88	x	89	x
3:41	75	94	79	96	88	x	88	x
3:42	74	93	79	95	87	x	88	x
3:43	74	93	78	95	87	x	88	x
3:44	73	93	78	95	86	x	87	x
3:45	73	92	78	94	86	x	87	x
3:46	72	92	77	94	86	x	87	x
3:47	72	92	77	94	85	x	86	x
3:48	71	91	76	93	85	x	86	x
3:49	71	91	76	93	84	100	86	x
3:50	71	91	76	93	84	99	85	x
3:51	70	90	75	92	84	99	85	x
3:52	70	90	75	92	84	98	85	x
3:53	69	90	74	92	83	98	84	x
3:54	69	90	74	91	83	98	84	x
3:55	68	89	74	91	83	97	84	100
3:56	68	89	73	91	82	97	84	99
3:57	67	89	73	90	82	96	83	99
3:58	67	88	72	90	82	96	83	99
3:59	67	88	72	90	81	96	83	99
4:00	66	88	72	89	81	95	82	98
4:01	66	87	71	89	81	95	82	98
4:02	65	87	71	89	80	95	82	98
4:03	65	87	70	88	80	94	81	97
4:04	64	86	70	88	80	94	81	97

Table 3-5. - Movement to Contact

MOVEMENT TO CONTACT

	17-26		27-39		40-45		46+	
TIME	M	F	M	F	M	F	M	F
4:05	64	86	70	88	79	93	81	97
4:06	63	86	69	87	79	93	80	96
4:07	63	85	69	87	79	93	80	96
4:08	63	85	68	87	78	92	80	96
4:09	62	85	68	86	78	92	79	95
4:10	62	85	67	86	78	92	79	95
4:11	61	84	67	86	77	91	79	95
4:12	61	84	67	85	77	91	78	94
4:13	60	84	66	85	77	90	78	94
4:14	x	83	66	85	77	90	78	94
4:15	x	83	65	84	76	90	77	93
4:16	x	83	65	84	76	89	77	93
4:17	x	82	65	84	76	89	77	93
4:18	x	82	64	83	75	89	76	92
4:19	x	82	64	83	75	88	76	92
4:20	x	81	63	83	75	88	76	92
4:21	x	81	63	83	74	88	75	91
4:22	x	81	63	82	74	87	75	91
4:23	x	80	62	82	74	87	75	91
4:24	x	80	62	82	73	86	74	90
4:25	x	80	61	81	73	86	74	90
4:26	x	79	61	81	73	86	74	89
4:27	x	79	61	81	72	85	74	89
4:28	x	79	60	80	72	85	73	89
4:29	x	79	x	80	72	85	73	88
4:30	x	78	x	80	71	84	73	88
4:31	x	78	x	79	71	84	72	88
4:32	x	78	x	79	71	83	72	87
4:33	x	77	x	79	71	83	72	87
4:34	x	77	x	78	70	83	71	87
4:35	x	77	x	78	70	82	71	86
4:36	x	76	x	78	70	82	71	86
4:37	x	76	x	77	69	82	70	86
4:38	x	76	x	77	69	81	70	85
4:39	x	75	x	77	69	81	70	85
4:40	x	75	x	76	68	80	69	85
4:41	x	75	x	76	68	80	69	84
4:42	x	74	x	76	68	80	69	84
4:43	x	74	x	75	67	79	68	84
4:44	x	74	x	75	67	79	68	83
4:45	x	73	x	75	67	79	68	83
4:46	x	73	x	74	66	78	67	83
4:47	x	73	x	74	66	78	67	82

Table 3-5. - Movement to Contact

MOVEMENT TO CONTACT

	17-26		27-39		40-45		46+	
TIME	M	F	M	F	M	F	M	F
4:48	x	73	x	74	66	78	67	82
4:49	x	72	x	73	65	77	66	82
4:50	x	72	x	73	65	77	66	81
4:51	x	72	x	73	65	76	66	81
4:52	x	71	x	72	64	76	65	81
4:53	x	71	x	72	64	76	65	80
4:54	x	71	x	72	64	75	65	80
4:55	x	70	x	71	64	75	64	80
4:56	x	70	x	71	63	75	64	79
4:57	x	70	x	71	63	74	64	79
4:58	x	69	x	70	63	74	63	79
4:59	x	69	x	70	62	73	63	78
5:00	x	69	x	70	62	73	63	78
5:01	x	68	x	69	62	73	62	78
5:02	x	68	x	69	61	72	62	77
5:03	x	68	x	69	61	72	62	77
5:04	x	68	x	68	61	72	61	77
5:05	x	67	x	68	60	71	61	76
5:06	x	67	x	68	x	71	61	76
5:07	x	67	x	67	x	71	60	76
5:08	x	66	x	67	x	70	x	75
5:09	x	66	x	67	x	70	x	75
5:10	x	66	x	66	x	69	x	75
5:11	x	65	x	66	x	69	x	74
5:12	x	65	x	66	x	69	x	74
5:13	x	65	x	65	x	68	x	74
5:14	x	64	x	65	x	68	x	73
5:15	x	64	x	65	x	68	x	73
5:16	x	64	x	64	x	67	x	73
5:17	x	63	x	64	x	67	x	72
5:18	x	63	x	64	x	66	x	72
5:19	x	63	x	63	x	66	x	72
5:20	x	62	x	63	x	66	x	71
5:21	x	62	x	63	x	65	x	71
5:22	x	62	x	62	x	65	x	71
5:23	x	62	x	62	x	65	x	70
5:24	x	61	x	62	x	64	x	70
5:25	x	61	x	61	x	64	x	69
5:26	x	61	x	61	x	63	x	69
5:27	x	60	x	61	x	63	x	69
5:28	x	x	x	60	x	63	x	68
5:29	x	x	x	x	x	62	x	68
5:30	x	x	x	x	x	62	x	68

Table 3-5. - Movement to Contact

MOVEMENT TO CONTACT

	17-26		27-39		40-45		46+	
TIME	M	F	M	F	M	F	M	F
5:31	x	x	x	x	x	62	x	67
5:32	x	x	x	x	x	61	x	67
5:33	x	x	x	x	x	61	x	67
5:34	x	x	x	x	x	61	x	66
5:35	x	x	x	x	x	60	x	66
5:36	x	x	x	x	x	60	x	66
5:37	x	x	x	x	x	x	x	65
5:38	x	x	x	x	x	x	x	65
5:39	x	x	x	x	x	x	x	65
5:40	x	x	x	x	x	x	x	64
5:41	x	x	x	x	x	x	x	64
5:42	x	x	x	x	x	x	x	64
5:43	x	x	x	x	x	x	x	63
5:44	x	x	x	x	x	x	x	63
5:45	x	x	x	x	x	x	x	63
5:46	x	x	x	x	x	x	x	62
5:47	x	x	x	x	x	x	x	62
5:48	x	x	x	x	x	x	x	62
5:49	x	x	x	x	x	x	x	61
5:50	x	x	x	x	x	x	x	61
5:51	x	x	x	x	x	x	x	61
5:52	x	x	x	x	x	x	x	60

Table 3-5. - Movement to Contact

AMMO LIFT

REPS	17-26		27-39		40-45		46+	
	M	F	M	F	M	F	M	F
97	x	x	100	x	x	x	x	x
96	x	x	99	x	x	x	x	x
95	x	x	99	x	x	x	x	x
94	x	x	98	x	x	x	x	x
93	x	x	98	x	x	x	x	x
92	x	x	97	x	x	x	x	x
91	100	x	97	x	x	x	x	x
90	99	x	96	x	x	x	x	x
89	99	x	95	x	100	x	x	x
88	98	x	95	x	99	x	x	x
87	97	x	94	x	99	x	x	x
86	97	x	94	x	98	x	100	x
85	96	x	93	x	98	x	99	x
84	95	x	92	x	97	x	99	x
83	94	x	92	x	97	x	98	x
82	94	x	91	x	96	x	98	x
81	93	x	91	x	96	x	97	x
80	92	x	90	x	95	x	97	x
79	92	x	90	x	95	x	96	x
78	91	x	89	x	94	x	95	x
77	90	x	88	x	93	x	95	x
76	90	x	88	x	93	x	94	x
75	89	x	87	x	92	x	94	x
74	88	x	87	x	92	x	93	x
73	88	x	86	x	91	x	93	x
72	87	x	86	x	91	x	92	x
71	86	x	85	x	90	x	91	x
70	86	x	84	x	90	x	91	x
69	85	x	84	x	89	x	90	x
68	84	x	83	x	88	x	90	x
67	83	x	83	x	88	x	89	x
66	83	x	82	x	87	x	89	x
65	82	x	81	x	87	x	88	x
64	81	x	81	x	86	x	87	x
63	81	x	80	100	86	x	87	x
62	80	x	80	99	85	x	86	x
61	79	x	79	98	85	x	86	x
60	79	100	79	98	84	x	85	x
59	78	99	78	97	84	x	85	x
58	77	98	77	96	83	x	84	x
57	77	97	77	95	82	x	83	x
56	76	96	76	94	82	x	83	x
55	75	95	76	94	81	x	82	x
54	74	94	75	93	81	x	82	x
53	74	93	74	92	80	x	81	x
52	73	93	74	91	80	x	81	x

Table 3-6. - Ammo Lift

AMMO LIFT

REPS	17-26		27-39		40-45		46+	
	M	F	M	F	M	F	M	F
51	72	92	73	90	79	x	80	x
50	72	91	73	90	79	x	79	x
49	71	90	72	89	78	x	79	x
48	70	89	72	88	77	x	78	x
47	70	88	71	87	77	x	78	x
46	69	87	70	86	76	x	77	x
45	68	86	70	86	76	100	77	x
44	68	85	69	85	75	99	76	x
43	67	84	69	84	75	98	75	x
42	66	83	68	83	74	97	75	x
41	66	82	68	82	74	96	74	100
40	65	81	67	82	73	95	74	99
39	64	80	66	81	73	94	73	98
38	63	80	66	80	72	93	73	97
37	63	79	65	79	71	92	72	96
36	62	78	65	78	71	91	72	95
35	61	77	64	78	70	90	71	94
34	61	76	63	77	70	89	70	93
33	60	75	63	76	69	88	70	92
32	x	74	62	75	69	87	69	91
31	x	73	62	74	68	86	69	90
30	x	72	61	74	68	85	68	89
29	x	71	61	73	67	84	68	88
28	x	70	60	72	66	83	67	86
27	x	69	x	71	66	82	66	85
26	x	68	x	70	65	81	66	84
25	x	67	x	70	65	80	65	83
24	x	67	x	69	64	79	65	81
23	x	66	x	68	64	78	64	80
22	x	65	x	67	63	77	64	79
21	x	64	x	66	63	76	63	78
20	x	63	x	66	62	75	62	76
19	x	62	x	65	62	74	62	75
18	x	61	x	64	61	73	61	74
17	x	60	x	63	60	72	61	73
16	x	x	x	62	x	71	60	71
15	x	x	x	62	x	70	x	70
14	x	x	x	61	x	69	x	69
13	x	x	x	60	x	68	x	68
12	x	x	x	x	x	66	x	66
11	x	x	x	x	x	65	x	65
10	x	x	x	x	x	64	x	64
9	x	x	x	x	x	63	x	63
8	x	x	x	x	x	61	x	62
7	x	x	x	x	x	60	x	61
6	x	x	x	x	x	x	x	60

Table 3-6. - Ammo Lift

MANEUVER UNDER FIRE

TIME	17-26		27-39		40-45		46+	
	M	F	M	F	M	F	M	F
2:14	100	x	x	x	x	x	x	x
2:15	99	x	x	x	x	x	x	x
2:16	99	x	x	x	x	x	x	x
2:17	98	x	x	x	x	x	x	x
2:18	98	x	x	x	x	x	x	x
2:19	97	x	x	x	x	x	x	x
2:20	97	x	x	x	x	x	x	x
2:21	97	x	x	x	x	x	x	x
2:22	96	x	x	x	x	x	x	x
2:23	96	x	x	x	x	x	x	x
2:24	96	x	x	x	x	x	x	x
2:25	95	x	x	x	x	x	x	x
2:26	95	x	100	x	x	x	x	x
2:27	94	x	99	x	x	x	x	x
2:28	94	x	99	x	x	x	x	x
2:29	94	x	99	x	x	x	x	x
2:30	93	x	99	x	x	x	x	x
2:31	93	x	99	x	x	x	x	x
2:32	93	x	98	x	x	x	x	x
2:33	92	x	98	x	x	x	x	x
2:34	92	x	98	x	100	x	x	x
2:35	91	x	97	x	99	x	x	x
2:36	91	x	97	x	99	x	x	x
2:37	91	x	97	x	99	x	x	x
2:38	90	x	96	x	99	x	x	x
2:39	90	x	96	x	98	x	x	x
2:40	90	x	96	x	98	x	x	x
2:41	89	x	96	x	98	x	x	x
2:42	89	x	95	x	98	x	x	x
2:43	88	x	95	x	98	x	x	x
2:44	88	x	95	x	97	x	x	x
2:45	88	x	94	x	97	x	x	x
2:46	87	x	94	x	97	x	x	x
2:47	87	x	94	x	97	x	x	x
2:48	87	x	94	x	97	x	x	x
2:49	86	x	93	x	97	x	x	x
2:50	86	x	93	x	96	x	x	x
2:51	85	x	93	x	96	x	x	x
2:52	85	x	92	x	96	x	100	x
2:53	85	x	92	x	96	x	99	x
2:54	84	x	92	x	96	x	99	x
2:55	84	x	92	x	95	x	99	x
2:56	84	x	91	x	95	x	99	x
2:57	83	x	91	x	95	x	98	x
2:58	83	x	91	x	95	x	98	x
2:59	82	x	90	x	95	x	98	x
3:00	82	x	90	x	94	x	98	x

Table 3-7. - Maneuver Under Fire

MANEUVER UNDER FIRE

TIME	17-26		27-39		40-45		46+	
	M	F	M	F	M	F	M	F
3:01	82	100	90	x	94	x	98	x
3:02	81	99	89	x	94	x	97	x
3:03	81	99	89	x	94	x	97	x
3:04	81	99	89	x	94	x	97	x
3:05	80	99	89	x	93	x	97	x
3:06	80	99	88	x	93	x	97	x
3:07	79	99	88	100	93	x	96	x
3:08	79	98	88	99	93	x	96	x
3:09	79	98	87	99	93	x	96	x
3:10	78	98	87	99	93	x	96	x
3:11	78	98	87	99	92	x	96	x
3:12	78	98	87	98	92	x	95	x
3:13	77	97	86	98	92	x	95	x
3:14	77	97	86	98	92	x	95	x
3:15	76	97	86	98	92	x	95	x
3:16	76	97	85	97	91	x	95	x
3:17	76	96	85	97	91	x	94	x
3:18	75	96	85	97	91	x	94	x
3:19	75	96	85	97	91	x	94	x
3:20	74	96	84	97	91	x	94	x
3:21	74	96	84	96	90	100	94	x
3:22	74	95	84	96	90	99	93	x
3:23	73	95	83	96	90	99	93	x
3:24	73	95	83	96	90	99	93	x
3:25	73	95	83	95	90	99	93	x
3:26	72	95	82	95	90	98	93	x
3:27	72	94	82	95	89	98	92	x
3:28	71	94	82	95	89	98	92	x
3:29	71	94	82	95	89	98	92	x
3:30	71	94	81	94	89	98	92	x
3:31	70	93	81	94	89	97	92	x
3:32	70	93	81	94	88	97	91	x
3:33	70	93	80	94	88	97	91	x
3:34	69	93	80	93	88	97	91	x
3:35	69	93	80	93	88	96	91	x
3:36	68	92	80	93	88	96	91	x
3:37	68	92	79	93	87	96	90	x
3:38	68	92	79	93	87	96	90	x
3:39	67	92	79	92	87	96	90	x
3:40	67	91	78	92	87	95	90	x
3:41	67	91	78	92	87	95	90	x
3:42	66	91	78	92	86	95	89	x
3:43	66	91	78	91	86	95	89	x
3:44	65	91	77	91	86	95	89	100
3:45	65	90	77	91	86	94	89	99
3:46	65	90	77	91	86	94	88	99

Table 3-7. - Maneuver Under Fire

MANEUVER UNDER FIRE

TIME	17-26		27-39		40-45		46+	
	M	F	M	F	M	F	M	F
3:47	64	90	76	91	86	94	88	99
3:48	64	90	76	90	85	94	88	99
3:49	64	89	76	90	85	93	88	99
3:50	63	89	75	90	85	93	88	99
3:51	63	89	75	90	85	93	87	98
3:52	62	89	75	89	85	93	87	98
3:53	62	89	75	89	84	93	87	98
3:54	62	88	74	89	84	92	87	98
3:55	61	88	74	89	84	92	87	97
3:56	61	88	74	89	84	92	86	97
3:57	61	88	73	88	84	92	86	97
3:58	60	88	73	88	83	92	86	97
3:59	x	87	73	88	83	91	86	96
4:00	x	87	73	88	83	91	86	96
4:01	x	87	72	88	83	91	85	96
4:02	x	87	72	87	83	91	85	96
4:03	x	86	72	87	82	91	85	96
4:04	x	86	71	87	82	90	85	95
4:05	x	86	71	87	82	90	85	95
4:06	x	86	71	86	82	90	84	95
4:07	x	86	71	86	82	90	84	95
4:08	x	85	70	86	82	89	84	94
4:09	x	85	70	86	81	89	84	94
4:10	x	85	70	86	81	89	84	94
4:11	x	85	69	85	81	89	83	94
4:12	x	84	69	85	81	89	83	93
4:13	x	84	69	85	81	88	83	93
4:14	x	84	68	85	80	88	83	93
4:15	x	84	68	84	80	88	83	93
4:16	x	84	68	84	80	88	82	92
4:17	x	83	68	84	80	88	82	92
4:18	x	83	67	84	80	87	82	92
4:19	x	83	67	84	79	87	82	92
4:20	x	83	67	83	79	87	82	92
4:21	x	82	66	83	79	87	81	91
4:22	x	82	66	83	79	86	81	91
4:23	x	82	66	83	79	86	81	91
4:24	x	82	66	82	78	86	81	91
4:25	x	82	65	82	78	86	81	90
4:26	x	81	65	82	78	86	80	90
4:27	x	81	65	82	78	85	80	90
4:28	x	81	64	82	78	85	80	90
4:29	x	81	64	81	78	85	80	89
4:30	x	81	64	81	77	85	80	89

Table 3-7. - Maneuver Under Fire

MANEUVER UNDER FIRE

TIME	17-26		27-39		40-45		46+	
	M	F	M	F	M	F	M	F
4:31	x	80	63	81	77	85	79	89
4:32	x	80	63	81	77	84	79	89
4:33	x	80	63	80	77	84	79	88
4:34	x	80	63	80	77	84	79	88
4:35	x	79	62	80	76	84	79	88
4:35	x	79	62	80	76	84	79	88
4:36	x	79	62	80	76	84	78	88
4:37	x	79	62	80	76	83	78	88
4:38	x	79	61	79	76	83	78	87
4:39	x	79	61	79	76	83	78	87
4:40	x	78	61	79	75	83	78	87
4:41	x	78	61	79	75	82	77	87
4:42	x	78	60	78	75	82	77	86
4:43	x	78	x	78	75	82	77	86
4:44	x	77	x	78	75	82	77	86
4:45	x	77	x	78	74	82	77	86
4:46	x	77	x	78	74	81	76	85
4:47	x	77	x	77	74	81	76	85
4:48	x	77	x	77	74	81	76	85
4:49	x	76	x	77	74	81	76	85
4:50	x	76	x	77	74	81	76	84
4:51	x	76	x	76	73	80	75	84
4:52	x	76	x	76	73	80	75	84
4:53	x	75	x	76	73	80	75	84
4:54	x	75	x	76	73	80	75	84
4:55	x	75	x	76	73	79	75	83
4:56	x	75	x	75	72	79	74	83
4:57	x	75	x	75	72	79	74	83
4:58	x	74	x	75	72	79	74	83
4:59	x	74	x	75	72	79	74	82
5:00	x	74	x	74	72	78	74	82
5:01	x	74	x	74	71	78	73	82
5:02	x	74	x	74	71	78	73	82
5:03	x	73	x	74	71	78	73	81
5:04	x	73	x	74	71	78	73	81
5:05	x	73	x	73	71	77	73	81
5:06	x	73	x	73	71	77	72	81
5:07	x	72	x	73	70	77	72	80
5:08	x	72	x	73	70	77	72	80
5:09	x	72	x	72	70	77	72	80
5:10	x	72	x	72	70	76	72	80
5:11	x	72	x	72	70	76	71	80
5:12	x	71	x	72	69	76	71	79
5:13	x	71	x	72	69	76	71	79

Table 3-7. - Maneuver Under Fire

MANEUVER UNDER FIRE

TIME	17-26		27-39		40-45		46+	
	M	F	M	F	M	F	M	F
5:13	x	71	x	72	69	76	71	79
5:14	x	71	x	71	69	75	71	79
5:15	x	71	x	71	69	75	71	79
5:16	x	70	x	71	69	75	70	78
5:17	x	70	x	71	68	75	70	78
5:18	x	70	x	70	68	75	70	78
5:19	x	70	x	70	68	74	70	78
5:20	x	70	x	70	68	74	70	77
5:21	x	69	x	70	68	74	69	77
5:22	x	69	x	70	67	74	69	77
5:23	x	69	x	69	67	74	69	77
5:24	x	69	x	69	67	73	69	77
5:25	x	68	x	69	67	73	68	76
5:26	x	68	x	69	67	73	68	76
5:27	x	68	x	69	67	73	68	76
5:28	x	68	x	68	66	72	68	76
5:29	x	68	x	68	66	72	68	75
5:30	x	67	x	68	66	72	67	75
5:31	x	67	x	68	66	72	67	75
5:32	x	67	x	67	66	72	67	75
5:33	x	67	x	67	65	71	67	74
5:34	x	66	x	67	65	71	67	74
5:35	x	66	x	67	65	71	66	74
5:36	x	66	x	67	65	71	66	74
5:37	x	66	x	66	65	71	66	73
5:38	x	66	x	66	64	70	66	73
5:39	x	65	x	66	64	70	66	73
5:40	x	65	x	66	64	70	65	73
5:41	x	65	x	65	64	70	65	73
5:42	x	65	x	65	64	70	65	72
5:43	x	65	x	65	63	69	65	72
5:44	x	64	x	65	63	69	65	72
5:45	x	64	x	65	63	69	64	72
5:46	x	64	x	64	63	69	64	71
5:47	x	64	x	64	63	68	64	71
5:48	x	63	x	64	63	68	64	71
5:49	x	63	x	64	62	68	64	71
5:50	x	63	x	63	62	68	63	70
5:51	x	63	x	63	62	68	63	70
5:52	x	63	x	63	62	67	63	70
5:53	x	62	x	63	62	67	63	70
5:54	x	62	x	63	61	67	63	69
5:55	x	62	x	62	61	67	62	69
5:56	x	62	x	62	61	67	62	69

Table 3-7. - Maneuver Under Fire

MANEUVER UNDER FIRE

TIME	17-26		27-39		40-45		46+	
	M	F	M	F	M	F	M	F
5:57	x	61	x	62	61	66	62	69
5:58	x	61	x	62	61	66	62	69
5:59	x	61	x	61	60	66	62	68
6:00	x	61	x	61	x	66	61	68
6:01	x	61	x	61	x	66	61	68
6:02	x	60	x	61	x	65	61	68
6:03	x	x	x	61	x	65	61	67
6:04	x	x	x	60	x	65	61	67
6:05	x	x	x	x	x	65	60	67
6:06	x	x	x	x	x	64	60	67
6:07	x	x	x	x	x	64	60	66
6:08	x	x	x	x	x	64	60	66
6:09	x	x	x	x	x	64	60	66
6:10	x	x	x	x	x	64	x	66
6:11	x	x	x	x	x	63	x	65
6:12	x	x	x	x	x	63	x	65
6:13	x	x	x	x	x	63	x	65
6:14	x	x	x	x	x	63	x	65
6:15	x	x	x	x	x	63	x	65
6:16	x	x	x	x	x	62	x	64
6:17	x	x	x	x	x	62	x	64
6:18	x	x	x	x	x	62	x	64
6:19	x	x	x	x	x	62	x	64
6:20	x	x	x	x	x	61	x	63
6:21	x	x	x	x	x	61	x	63
6:22	x	x	x	x	x	61	x	63
6:23	x	x	x	x	x	61	x	63
6:24	x	x	x	x	x	61	x	62
6:25	x	x	x	x	x	60	x	62
6:26	x	x	x	x	x	x	x	62
6:27	x	x	x	x	x	x	x	62
6:28	x	x	x	x	x	x	x	61
6:29	x	x	x	x	x	x	x	61
6:30	x	x	x	x	x	x	x	61
6:31	x	x	x	x	x	x	x	61
6:32	x	x	x	x	x	x	x	61
6:33	x	x	x	x	x	x	x	60

Table 3-7. - Maneuver Under Fire

9. Altitude Considerations. Units located at altitudes of 4,500 feet or more above sea level will provide Marines a 30-day acclimatization period prior to conducting a CFT. Marines scheduled to report to commands at altitude in June or December will complete their CFTs prior to detaching. Calculating a cumulative score for a completed CFT at altitude can be derived from Tables 3-8 (Movement to Contact) and 3-9 (Maneuver Under Fire). There is no altitude compensation for the Ammo lift.