1. **The Corps is dishing out big bonuses for grunts and other jobs. Here’s what’s in it for you.**
   *(2 Jul) Marine Corps Times, By Shawn Snow*
   The Corps’ latest Selective Retention Bonuses are packing all kinds of goodies for a slew of job fields, but this year’s plan dishes out nearly $70,000 for qualified Marines in specific infantry billets.

2. **Almost all 50 states represented in Coast Guard Academy's Class of 2022**
   *(2 Jul) The Day (Tribune News Service), By Julia Bergman*
   Nearly all 50 states are represented among the Coast Guard Academy's Class of 2022. Women make up 40 percent of the class, and minorities make up a record 36 percent.

3. **Military steps up recruitment as summer ‘surge’ starts**
   *(4 Jul) Dayton Daily News, By Max Filby*
   To attract new Soldiers, the Army has added 400 recruiters and plans to spend $400 million on bonuses for recruits.

4. **Corps denies using dating apps to recruit new**
   *(6 Jul) Marine Corps Times, By Noah Nash*
   The Marine Corps has denied using dating sites to recruit potential young Marines after a screenshot surfaced on Monday showing just that.

5. **Train, promote and lose: The battle for retention**
   *(9 Jul) C4ISRNET, By Jan Kallberg*
   The United States is an engineering country where technical solutions are born, and solutions are thought up, in an innovation-friendly environment of academia and industry.

6. **Army recruit promised pathway to citizenship faces uncertain future**
   *(9 Jul) CBS This Morning (Video Clip)*
   Private First Class Alina Kaliuzhna is a medic stationed at Camp Bullis, and she's in the country legally via the “MAVNI” recruitment program -- military accessions vital to the national interest. She told us she enlisted because she didn’t just want to get her U.S. citizenship. She wanted to earn it, and do it honorably. The program brought more than 10,000 non-citizens into the military, however, the program was abruptly suspended in 2016, leaving more than 1,000 recruits in limbo.

7. **Active-Duty Opportunities Available for Reserve Sailors**
   *(11 Jul) Camp Lemonnier, By Navy Petty Officer 1st Class Joseph Rullo*
   The Navy Reserve is a convenient way for some sailors to serve on a part-time basis. The one-weekend-a-month, two-weeks-a-year schedule allows sailors leaving active duty to continue their service and, possibly, reach retirement. Occasionally, circumstances change, and a return to active duty becomes an attractive option.

8. **What you need to know about the Navy’s plan to expand instant advancements**
   *(12 Jul) Navy Times, By Mark D. Faram*
   The Navy’s top personnel officer says the service is preparing to test a program that would give sailors temporary instant advancements while filling tough jobs in the fleet.
EMPLOYMENT & INTEGRATION

9. **Finland has second thoughts about its women soldiers**  
   (2 Jul) BBC News, By Maija Unkuri  
The proposal has shone a light on the separate roles of men and women, in a country where men have to serve up to a year of military or civilian (community) service from the age of 18 while women can choose.

10. **European countries are quietly bringing back the draft**  
    (3 Jul) Quartz, By Aamna Mohdin  
The draft is slowly coming back in vogue in Europe. Last week, France joined the growing number of European countries reintroducing mandatory national service.

11. **If national service is so good, everyone should do it**  
    (5 Jul) The Economist, By Leaders  
The draft is making a comeback in some surprising places.

12. **First women tank commanders begin their duties in the IDF**  
    (8 Jul) JNS, By Yaacov Lapin  
The first four female tank commanders in the Israel Defense Forces have successfully completed their grueling training course and will now begin their operational duties. Several additional female soldiers will serve in other duties in tanks.

13. **A new Army PT test is on its way. This is not a drill.**  
    (9 Jul) Army Times, By Meghann Myers  
    Ding dong, the Army Physical Fitness Test is almost dead.

14. **Army Combat Fitness Test Set to Become Test of Record**  
    (11 Jul) Army News Service, By Sean Kimmons  
    Beginning in October 2020, all soldiers will be required to take the new gender- and age-neutral test.

15. **These are the new hairstyles the Navy has authorized for female sailors**  
    (11 Jul) Navy Times, By Mark D. Faram  
    Navy officials have expanded authorized hairstyles for women while in uniform, but it will be up to unit CO’s to decide how the updated policy applies to their commands.

WELL-BEING & TREATMENT

16. **The US Military Must Support Women For One Simple Reason: It Can’t Afford to Lose Them**  
    (29 Jun) Task and Purpose, By Antonieta Rico, Long March Council of the Former Enlisted  
    Only in the military is a woman who gets pregnant made to feel as if she has single-handedly compromised national security. The military needs to recruit women and it needs to retain them, and to do this it will have to transform its culture to one that respects and supports a woman’s decision to have a family and a military career.

17. **Binge eating, other disorders up among servicemembers**  
    (5 Jul) Stars & Stripes, By Nancy Montgomery  
    Eating disorder diagnoses among military personnel are up 26 percent over a five-year period, according to a new military study that suggests the actual incidence of such illnesses is even higher. Far more women than men were diagnosed with an eating disorder in all services. More than two-thirds of cases involved female troops and the overall incidence rate among women, at 11.9 cases per 10,000, was more than 11 times that of men.

18. **Why couples sleep better in more gender-equal societies**  
    (8 Jul) The Conversation, By Leah Ruppanner and David J. Maume  
    Women in gender-equal societies have more equal divisions of housework, and men take a more active role in childcare. Societies that are more effective in equalizing economic and political gender relations have citizens who sleep better. Since sleep is an integral dimension to health and wellbeing, the economic, health and social benefit to being well-rested cannot be understated.
19. **Navy SEAL leaders relieved of duties after sexual misconduct investigation**
   
   (10 Jul) *Navy Times*, By Noah Nash

   The commander and senior enlisted officer of a Navy SEAL team have been relieved of their duties after a nearly two-month investigation into claims of sexual assault and harassment, ABC News reported. According to defense officials one of the leaders was being investigated following claims of inappropriate and unwanted physical contact with a female service member while the team was deployed. Both leaders were investigated for sexual harassment.

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**SERVICEWOMEN IN THE NEWS**

20. **Moving data at the tip of the spear: Communications Marine helps strengthen security bubble in Helmand**
   (27 Jun) *marine Corps Times*, By Shawn Snow

   Meet Sgt. Brooke Sharpe, Marine Corps Times Marine of the Year. A 21-year-old Marine and New Jersey native, Sharp deployed with Task Force Southwest, a roughly 300 Marine unit, to one of the most violent provinces in Afghanistan: Helmand Valley. Sharp was selected as this year’s Marine Corps Times Service Member the Year for her extraordinary role in that deployment, when she worked in the Corps’ most far-flung and dangerous outposts.

21. **Face of Defense: Australia Native Comes Full Circle as Army Guard Vocalist**
   (2 Jul) *National Guard Bureau*, By Air Force Tech. Sgt. Erich Smith

   For Army Sgt. Vicki Golding, a vocalist with the District of Columbia Army National Guard's 257th Army Band, performed during the “Centenary of Mateship” celebration event at Joint Base Myer-Henderson Hall. The celebration marked the 100-year alliance between the United States and Australia, and was a fitting place for Golding, a native of Brisbane, Australia, who now lives in the U.S.

22. **Face of Defense: Soldier, Student, Trailblazer**
   (3 Jul) *122nd Public Affairs Operations Center*, By Army Spc. Alec Dionne

   Army Spc. Arshia Gill is one of the many new female soldiers stepping into combat military occupational specialties previously closed to women.

23. **Guardsman nearly died during childbirth. 10 months later, she's still fighting for her life**
   (4 Jul) *The Macon Telegraph*, By Samantha Max

   At a routine checkup during her 40th week of pregnancy, Kylie Mohr’s doctor told her that her blood pressure seemed high. Two days later, she nearly bled out on the operating table during an emergency Caesarean section. Her son, Lincoln, survived, but 10 months later Mohr still hasn’t recovered from the complications of his birth.

24. **First female commander takes helm at Coast Guard Station Cape Disappointment**
   (4 Jul) *The Pharos-Tribune (Tribune News Service)*, By Ben Middelkamp

   Over the past decade and a half, Lt. Cmdr. Jessica Shafer has journeyed from station to station across the country, rising through the ranks of the U.S. Coast Guard. The Logansport, Ind. native now calls the Pacific Northwest home and is the first woman to lead a unit there in the 100 years of the station's existence.

25. **Reservist Helps Treat PTSD With Equine Therapy**
   (5 Jul) *302nd Airlift Wing*, By Air Force Staff Sgt. Frank J. Casciotta

   Air Force Tech. Sgt. Tanesha Fierro, an aviation resource manager assigned to the Air Force 34th Aeromedical Evacuation Squadron, spends one night a week at the Norris Penrose Events facility here volunteering with an equine therapy program designed to help veterans and active-duty service members overcome their post-traumatic stress disorder by working with horses.

26. **Washington Guard Recognizes Soldiers for Saving Girl's Life**
   (6 Jul) *Washington National Guard*, By Army Capt. Joseph Siemandel

   During a ceremony at the National Guard Armory here, Army Pvt. Gracie Hilinski, assigned to the medical section of Headquarters and Headquarters Battery, 2nd Battalion, 146th Field Artillery Regiment, received an Army Commendation Medal. The soldiers were making a routine fuel stop while performing convoy operations when they noticed that something was wrong in a nearby SUV. Hilinski reacted quickly, running to the vehicle to identify the emergency.
27. **Navy ID's 5th Fleet sailor killed in training accident**  
(10 Jul) Navy Times, By Mark D. Faram  
The Navy has confirmed Ensign Sarah Mitchell, 23, assigned to the Norfolk-based guided-missile destroyer Jason Dunham has died from injuries sustained during small boat training on July 8.

28. **General Officer Announcement**  
(11 Jul) IMMEDIATE RELEASE (No. NR-215-18)  
Secretary of Defense James N. Mattis announced today that the president has made the following nomination: Air Force Col. Susan J. Pietyrowski has been nominated to the rank of brigadier general. Pietyrowski is currently serving as the deputy command surgeon, Air Combat Command, Joint Base Langley-Eustis, Virginia.

**WOMEN VETERANS**

29. **How Women Fought Their Way Into the U.S. Armed Forces**  
(29 Jun) History Stories, By Erin Blakemore  
Women have always had a role in the United States’ military conflicts, from the [women] who followed the Continental Army, serving as washerwomen and tending to men’s wounds, to Civil War nurses who presided over massive hospitals and worked to feed and clothe soldiers.

30. **Century-old Region woman, veteran, made WAVES serving humanity**  
(5 Jul) NWI.Com, By Marc Chase  
In an era in which men fought the wars, Betty wouldn't be denied her opportunity in a quest for the greater world's independence. In 1945, as war raged across the globe, Betty enlisted in the U.S. Navy Medical Corps as a WAVE (Women Accepted for Voluntary Emergency Service). Later in life, in a veteran’s organization dominated by men, Betty became the first female commander of the Griffith American Legion Post.

31. **Ignored for decades, WWI heroines could be recognized with Congressional Gold Medal**  
(5 Jul) Military Times, By Leo Shane III  
Hundreds of women who played a key role in coordinating American and French efforts in World War I but spent decades without full recognition of their work could soon be honored with Congress' highest civilian award.

32. **Hidden Numbers: Why More Women Veterans May Be Homeless Than You Realize**  
(8 Jul) Medium, By Lily Casura  
VA has estimated that between 13 and 15 percent of women veterans who are living in poverty are also likely to be homeless.

33. **CNAS Welcomes Kayla Williams as Director of the Military, Veterans and Society Program**  
(12 Jul) CNAS, By Madeline Christian  
The Center for a New American Security (CNAS) is pleased to announce that Kayla M. Williams is joining CNAS as the new Director of the Military, Veterans, and Society Program. Williams comes to the Center from the Department of Veteran Affairs, where she served for two years as the Director of the Center for Women Veterans.