

INFORMATION PAPER

9 Apr 2019

Subj: RESPONSE TO DEFENSE ADVISORY COMMITTEE ON WOMEN IN THE SERVICES
REQUEST FOR INFORMATION ON MILITARY SERVICES DEVELOPMENT OF A POST
PARTUM PHYSICAL TRAINING PROGRAM

1. Purpose. Provide responses to requests for information (RFI) from the March Meeting of Defense Advisory Committee on Women in the Services (DACOWITS).

2. Key Points

- **RFI 6ii - What is the Marine Corps' process for developing a postpartum physical training program? Where is the Marine Corps at in the development process?**
- Marines who have previously been medically waived, to include the postpartum population, have access to force fitness instructors (FFI), athletic trainers, Navy Sports Medicine and Reconditioning Team (SMART) clinics, and Semper Fit strength and conditioning coaches that offer personalized training. As long as Marines who are postpartum are cleared by their health care provides, they have access to the same services. Additionally, each installation has unique services and fitness classes tailored for postpartum Marines; however, availability is not consistent across all installations.
- In November 2018, the Marine Corps identified a gap with consistent resource support for pregnant and postpartum Marines. From 29-30 January 2019, Force Fitness Division, Training and Education Command convened a working group (WG) with key stakeholders to determine a better solution.
- In calendar year 2018, there were 902 pregnant or postpartum Marines.
 - 76% of the pregnant or postpartum Marines are located at a major geographic locations for the Marine Corps.
 - 51% of the pregnant or postpartum population are between the ages of 21-25.
 - There is no significant difference between the percentage for officer and enlisted pregnant and postpartum populations.
- The WG determined that within a commander's fitness program the unit leaders should serve as the hub, supported by the force fitness instructor (FFI), and augmented by Semper Fit strength and conditioning coaches, to support a pregnant or postpartum Marine with physical fitness training.
- Follow-on actions from the working group include:
 - Develop a pregnancy and postpartum playbook that benefits and educates pregnant/postpartum Marines, unit commanders, and FFIs. (In-Draft)
 - Update inspection checklists to ensure accurate reporting and tracking of all medically waived personnel. (In-Draft)
 - Revise the FFI curriculum to include training considerations for special populations i.e. pregnant and postpartum Marines. (July 2019)
 - Re-write the Marine Corps Order for Parenthood and Pregnancy with an emphasis for physical fitness training throughout an individual's pregnancy and postpartum time period. (GO/SES Staffing)

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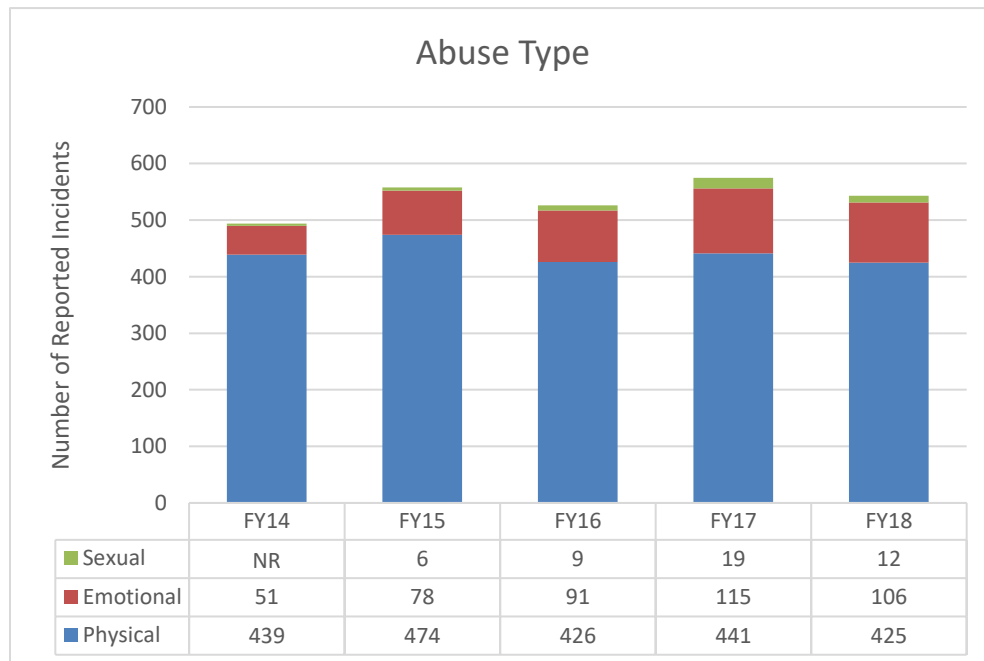
5 April 2019

Subj: DACOWITS MARCH 2019 FOLLOW-ON REQUEST

1. Purpose. Provide requested response to follow-on Request for Information #11-Domestic Violence Affecting Servicewomen.

2. Key Points

- The Marine Corps maintains the Family Advocacy Program (FAP) registry data in accordance with requirements in Department of Defense Manual (DoDM) 6400.01-V2. Included in these requirements are information on the person identified as the victim and the type of abuse. Whether the incidents and referrals were on- or off-installation and indicators of whether non-physical domestic abuse developed into domestic violence are not included in the central registry data.
- Data specific to incidents affecting Servicewomen are included below. Type of abuse, for incidents in which the victim was identified as a Servicewoman, including physical, emotional, and sexual, is recorded for each reported incident. This chart provides number of reported incidents for each type of abuse for each Fiscal Year (FY).



NR = Not Reportable, less than 5

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