

DACOWITS RFI #5



**Deputy Commander
Naval Special Warfare Center
CAPT Christian Dunbar
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DACOWITS – Gender Integration

RFI #5

The Committee requests a **briefing** from the **Military Services** (panel format) on the following:

- **Approved and published additional training for combat arms/combat communities/combat airmen Service members:**
 - There is no additional training approved or published for Naval Special Warfare (NSW) service members
- **What are the Services doing to ensure women are prepared to successfully complete their MOS producing school:**
 - NSW starts the candidate preparation process as early as the initial recruiting sites, heavily supported by web based education and preparation programs
 - Extend preparation into specialized boot camp modifications and at NSW Preparatory School post-boot camp
 - In conjunction with Navy Recruiting Command (NRC), NSW also supports candidate preparation via a mentoring program
- **How are the Services incorporating science and new technologies into improving the training methodologies:**
 - NSW is heavily invested in constant research and updating our training methodologies. Baseline examples of our programs include;
 - Sports Medicine integration of acupuncture, neuro rehabilitation techniques, compression gear, vibration and laser technologies
 - Training by Certified Strength Coaches
 - Performance Nutrition education
 - Mental Performance education, training, and mentoring