



Military Family Readiness System

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Unclassified



Family System of Support

- MilitaryChildCare.com
- [HealthySteps](#)
- [Non-Medical Counseling](#)



Supporting Family Childcare Needs

- MilitaryChildCare.com (MCC.COM) – an innovative waitlist management system that standardizes the child care request process
 - Web-based platform allows parents to view anticipated placement times
 - Allows families to request placement for children on multiple waitlists
 - Families are able to manage a request for child care virtually, at any time and from any place, in advance of moving to a new duty station
 - Help Desk support is available 24 hours a day, 7 days a week, via toll-free phone and email
- Department-wide implementation completed in August 2017



HealthySteps

- HealthySteps is a three-year demonstration pilot, collaboratively executed by Military Community & Family Policy and Health Affairs
 - HealthySteps, a program of Zero to Three, is an evidence-based, interdisciplinary, pediatric primary care program
- The program works by embedding a child development professional into the pediatric office to partner with families during well-child visits
- HealthySteps Specialists are trained to provide tailored guidance and referrals, support between well-child visits, and care coordination and referrals to the New Parent Support Program when needed
- The program is being implemented at three military treatment facilities, with a patient base that experiences frequent deployments and a high number of births
 - Walter Reed National Military Medical Center, Madigan Army Medical Center, and Naval Medical Center San Diego



Non-Medical Counseling

- Confidential, short-term counseling services to assist Service members, their families, and survivors
 - Services delivered worldwide through Military OneSource and Military and Family Life Counseling
 - Offers up to 12 sessions, per person, per issue, to individuals seeking help for every day and military life issues
 - Master's level, licensed, and credentialed counselors are available both on and off military installations
- Available in a variety of formats to meet the needs of the military community
 - Military OneSource uses a traditional approach with 50-minute sessions in-person, by phone, online chat, or video, in an office setting
 - Military and Family Life Counseling provides support at installation family centers, child development centers, youth programs, schools, and in units
- Counseling services are responsive and deployable



Range of Support

